

Examples for symptoms and their effects, that can be treated with MNT / NRT:

- **Vertebrae disorder**

- Lumbago, sciatica Disc prolapse
- Peroneal paralysis
- Whiplash injury
- neck-, shoulder- and arm-complaints (cervicalgia)
- arm- and leg-obdormition (paresthesias)

- **Disorder of peripheral joints**

- carpal tunnel syndrome
- tennis-, golf-, mouseclick-elbow
- meniscus complaints
- joint cysts
- arthrosis
- endoprosthesis prevention and follow up care

- **Head area complaints**

- headache (cephalgia); Migraine
- tinnitus; (sudden deafness)
- glaucoma
- vertigo

- **Follow up care after accidents and injuries**

- fright, shock
- slow rehabilitation

- **Sports injury**

- strains, bruises, sprains
- torn muscle fibre

- **Organ disorders**

- gastrointestinal disorder: irritable colon; diarrhea; abstinence; haemorrhoids
- precordial-, respiratory anxiety
- shingles; intercostal neuralgia
- pelvic complaints, menstrual cramps
- bladder-, uterus ectopia
- organ cysts
- wish to have children
- libido disorder
- apoplexy
- heart attack

- **Mental state disorder**

- inefficiency
- lapse of concentration
- Burn out-syndrome
- stress
- neuralgia

- **Treatment of children**

- growing pains
- puberty advice
- Scheuermann's disease
- scoliosis; rip hump
- relief of vertebrae strain after orthodontic treatment! (applicable for adults as well!)

- **Pregnancy advice and follow up care**

- delayed foetal turning
- descent complaints
- slow involution
- postnatal obstipation

- **Prevention and follow up care after operations**

We would like to point out that the Manual Neurotherapy and the Reflex Therapy at the foot are treatments not officially approved or proven by science / orthodox medicine!

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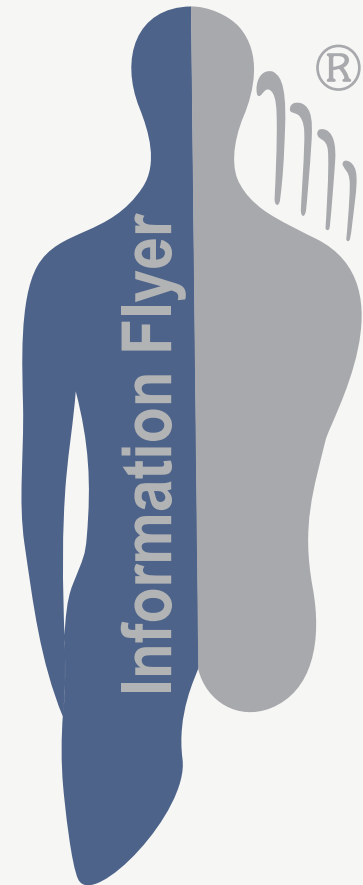
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Manual Neurotherapy

by Froneberg



Manual Neurotherapy (MNT)

...is a special treatment method, which has been developed from basic structures of manual treatment practices.

Initially Walter Froneberg broadened and modified the knowledge about a muscle and nerve massage and of chiropractics with regard to body statics and motor innervation. From the reflex therapy at the foot according to Hanne Marquardt he later developed the Nerve Reflextherapy at the Foot (NRT), which has been added as an important element. MNT consists of three elements:

- **Nerve Reflextherapy at the Foot** (Nerve Reflexology)
- **Specific Muscle and Nerve Massage**
- **Modified Joint Mobilization**



In **MNT** the spine is of central importance, it builds a protective cover for the spinal marrow. Owing to anatomic and physiologic conditions the spine is important for the judgement of disturbances of the segmental innervation. By the afferent and efferent innervation conductors the connection to joints, soft parts and intestines is given. The extent between peripheral and central innervation disturbance can be assessed

and segmental, anatomical, mechanical, visceral and psychic relations to the clinical picture can be taken into consideration. In **MNT** the holistic aspect is achieved by collecting details:

- Anamnesis
- for motorial and vegetative dysfunctions
- general examination of the locomotorium
- palpation

observation of the reaction of the reflex points of the nervous system at the foot and their assessment.

Aim of the application of **MNT** is the removal of motorial and/or vegetative dysfunctions. Only the combination of the three basic techniques especially of **NRT** as pioneering method, allows an insight also in concealed interactions.

The Nerve Reflextherapy at the Foot is subdivided into:

central / vegetative nervous system

- cerebral nerves
- arteries, veins, lymph

motorial nervous system

- muscular system
- pelvis bands

By the exact localization and the suitable pressure technique of the points and their assessment regarding intensity and duration the allocated areas are treated. Apart from that the interpretation of the **NRT** allows to control the course of the treatment and its result already while the treatment is applied.

Nerve Reflextherapy at the Foot

(Nerve Reflexology)

...improves the responsiveness of slowly reacting structures, eg. at inflammations, hard tone and hyperpathies. The nerve

reflex points to the autonomous nervous system, especially those of the sympathicus and parasympathicus allow to restore the balance or the synergy.

The Specific Muscle and Nerve Massage

...is carried out by means of relieving frictions along the cutaneous nerves and deep peripheral nerves. Connected with that is a high degree of palpation.

- in the paravertebral area
- in the tissue texture
- and at noticeable pain features



The advantage of the Specific Muscle and Nerve Massage is the good preparation for a quick and effective reaction of the tissue and the Nerve Reflextherapy at the Foot.